

Sept. 18 – 24th



Sept. 25 – Oct 1st

## Fall/Winter Menu 2022-2023

### Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Main Entree</b> Beef Pot Roast Mashed Potatoes/Gravy Glazed Carrots Dinner Roll Scalloped Potatoes & Ham Roast Beef on a bun <b>Salad</b> Spring Salad <b>Dessert</b> Fruit Pie	<b>Main Entree</b> BBQ Grilled Chicken Peas Brown Rice Hamburger/bun Baked Beans Grilled Chicken Salad Chicken/bun Italian Wedding Soup <b>Salads</b> Coleslaw <b>Dessert</b> Strawberry Angel Food Cake	<b>Main Entrée</b> Grilled Italian Pork Brussel Sprouts Quinoa Grilled Cheese Tomato Soup <b>Salads</b> Mediterranean Bean Salad <b>Dessert</b> Avocado Brownies	<b>Main Entree</b> Egg Bake Stewed Tomatoes Waffles Chicken Strips Lentil Soup Chicken Tender Salad Crispy Chicken Wrap <b>Salads</b> Strawberries and Bananas <b>Dessert</b> Yogurt Parfait	<b>Main Entree</b> BBQ Turkey Meatloaf Broccoli Baked Potato Baked Potato Bar Chili <b>Salad</b> 7 Layer Salad <b>Dessert</b> Cinnamon Rolls	<b>Main Entree</b> Teriyaki Chicken Stir Fry Vegetables Brown Rice Shrimp Minestrone Soup <b>Salads</b> Cheesecake Fluff <b>Dessert</b> Chocolate Hummus w/ Pretzels	<b>Main Entree</b> Spaghetti Pie Green Beans Breadstick Ham and Swiss on a bun or wrap <b>Salad</b> Caprese Salad <b>Dessert</b> Peanut Butter Cookie

### Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Main Entree</b> Turkey Mashed Potatoes/Gravy Corn Dinner Roll Hot Turkey/bun Salmon <b>Salad</b> Cottage Cheese Italian Pasta Salad <b>Dessert</b> Cream Pie	<b>Main Entree</b> Grilled Chicken Parmesan over Pasta Pasta with Marinara Broccoli Breadstick Taco or Walking Taco Taco or Chicken Salad Cabbage Soup <b>Salads</b> Grape Walnut Salad <b>Dessert: Scotcheroots</b>	<b>Main Entree</b> Garlic Salmon Roasted Roots Brown Rice Bacon Ranch Chicken Wrap Grilled Chicken Salad Seven Bean Soup <b>Salads</b> Big Mac Salad <b>Dessert</b> Pumpkin Bars	<b>Main Entree</b> Chicken Kiev Cauliflower Potato Medley Manicotti Broccoli Cheese Soup <b>Salads</b> Cucumber Salad Caesar Salad <b>Dessert</b> Chocolate Chip Energy Bites	<b>Main Entree</b> Tater Tot Casserole Mixed Vegetables Chef Salad Bar Gouda Soup <b>Salad</b> Mexican Fiesta Salad Cottage Cheese <b>Dessert</b> Strawberry Pretzel Dessert	<b>Main Entree</b> Honey Mustard Chicken Cascade Vegetables Brown Rice Deli Sandwich or Wrap Taco Soup <b>Salads</b> Sweet Pepper Slaw <b>Dessert</b> Almond Joy Bar	<b>Main Entree</b> Lemon Pepper Fish Spinach Au gratin Quinoa Pizza <b>Salad</b> Eagle Macaroni Salad <b>Dessert</b> Chocolate Chip Cookie

\*Always available salad and fresh fruit.

Oct. 2 – Oct. 8th



Oct. 9 – Oct. 15<sup>th</sup>

**Week 3**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Main Entrée</b> Ham Sweet Potatoes Corn Dinner Roll Chicken Salad Sandwich <b>Salad</b> Broccoli Craisin Salad <b>Dessert</b> Cream Pie	<b>Main Entree</b> Hawaiian Chicken Rice Cascade Vegetables Baked Beans Bratwurst on a Bun Chicken & Wild Rice Soup <b>Salads</b> Dill Pickle Pasta Salad Deviled Eggs <b>Dessert</b> Cherry Delight	<b>Main Entrée</b> Open Faced Turkey Sandwich Mashed Potatoes Broccoli Meatball Marinara Ham & Bean Soup <b>Salads</b> 7 Layer Salad <b>Dessert</b> Brownie	<b>Main Entrée</b> Italian Pasta Bake Green Beans Italian Pull Apart Bread BLT Wrap White Chicken Chili <b>Salads</b> Strawberry Spinach Salad Cottage Cheese <b>Dessert</b> Apple Crisp	<b>Main Entrée</b> Lemon Pepper Salmon Roasted Roots Nacho Bar Taco or Walking Taco Taco Salad Cheddar Vegetable Soup <b>Salad</b> Broccoli/ Grape Salad <b>Dessert</b> Rice Krispie Bar	<b>Main Entrée</b> Honey Mustard Pork Chop Cauliflower Au gratin Brown Rice Crack Chicken Sandwich Potato Soup <b>Salads</b> Oriental Salad Oreo Fluff <b>Dessert</b> Cookie Dough Hummus w/ Pretzels	<b>Main Entrée</b> Cabbage Rolls Garlic Carrots Mashed Potatoes Turkey & Swiss on bread, bun, or wrap <b>Salad</b> Dreamsicle Gelatin <b>Dessert</b> Sugar Cookie

**Week 4**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Main Entrée</b> Marinated Chicken Broccoli Potato Medley Dinner Roll Pizza <b>Salad</b> Deviled Egg Salad <b>Dessert</b> Fruit Pie	<b>Main Entree</b> Ham Balls Baked Potato Brussel Sprouts Sloppy Joe Cauliflower Cheese Soup <b>Salads &amp; Dessert</b> Cherry Fluff <b>Dessert</b> Chia Pudding	<b>Main Entrée</b> Lasagna Glazed Carrots Breadstick Shrimp Brown Rice Chicken Gumbo Soup <b>Salads</b> Chop Chop Salad Cottage Cheese <b>Dessert</b> Chocolate Revel Bar	<b>Main Entrée</b> Turkey Burger Mixed Vegetables Sweet Potatoes Stuffed Pepper Casserole Chicken Gnocchi Soup <b>Salads</b> Cowboy Pasta Salad Rosy Apple Sauce <b>Dessert</b> Pumpkin Dump Cake	<b>Main Entrée</b> Beer Battered Fish Cauliflower Brown Rice Burrito Bowl Wisconsin Cheese Soup <b>Salad</b> Corn & Black Bean <b>Dessert</b> Better Than Anything Cake	<b>Main Entrée</b> Swiss Chicken Green Beans Mashed Potatoes Meatloaf Beef Barley Soup <b>Salads</b> Quinoa Edamame Salad <b>Dessert</b> Banana Trifle	<b>Main Entrée</b> Enchilada Bake Corn Spanish Rice Egg Salad on Wheat <b>Salad</b> Relish Bags <b>Dessert</b> Monster Cookie

\*Always available salad and fresh fruit.

\*\*\* Menu is subject to change due to supply shortages