

Week 1:
November 12 – 18



Week 2:
November 19 – 25

Breakfast Available Monday-Friday: 7am-9am

Offered daily: Eggs, bacon, sausage, toast, scones, bagels, breakfast sandwich, fruit, pancakes, french toast, overnight oats

Lunch and supper available everyday 11am-1:30pm and 5pm-6:30pm.

Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Entree Roast Beef Mashed Potatoes Gravy California Vegetables Dinner Roll Italian Sandwich Salad Spring Salad Dessert Fruit Pie	Main Entree Lemon Pepper Chicken Roasted Zucchini Garlic Butter Quinoa Burger/bun Baked Beans Grilled Chicken Salad Italian Wedding Soup Oriental Salad Dessert Frosted Pumpkin Bars	Main Entree Marinated Pork Grilled Chicken Roasted Cauliflower Sweet Potatoes Hummus Veggie Wrap Red Pepper Gouda Soup Salad Caprese Salad Dessert German Chocolate Cake	Main Entree Unstuffed Pepper Casserole Carrots Turkey Avocado Club Minestrone Soup Salad Creamy Herb Tortellini Salad Dessert Chocolate Revel Bar	Main Entree Teriyaki Chicken Casserole Broccoli Egg Roll Baked Potato Bar Chili Salad 7-layer salad Dessert Autumn Gelatin	Main Entree Lemon Pepper Salmon Potato Medley Green Beans Honey Pepper Chicken Tenders Mac n' Cheese Cheddar Vegetable Soup Salad Mediterranean Bean Dessert Peanut Butter Pie Bar	Main Entree Beef & Bean Pasta Malibu Vegetables Breadstick Pizza Salads Cottage Cheese Strawberry Cheesecake Fluff Dessert Chocolate Chip Cookie

Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Entree Turkey Mashed Potatoes Gravy Corn Dinner Roll Grilled Cheese Tomato Soup Salad Creamy Cucumber Dessert Cream Pie	Main Entrée Pesto Chicken Garlic Butter Quinoa Roasted Cauliflower Brat/bun Sauerkraut Baked Beans Chicken Noodle Soup Salad Big Mac Salad Dessert Avocado Brownie	Main Entree Meatloaf Mashed Potatoes Peas Chicken Caesar Pita Broccoli Cheese Soup Salad Rotini Olive Dessert Angel Food Cake with Strawberries	Main Entree Cranberry Pork Chop Brussel Sprouts Sweet Potatoes Ham & Turkey Sub or Wrap Vegetable Beef Soup Salad Grape Walnut Salad Dessert Chocolate Chip Energy Bites	Main Entree Lemon Pepper Tilapia Brown Rice Carrots Wing Bar Cheddar Baked Potato Soup Salad Mexican Fiesta Salad Celery & Carrot Sticks Dessert Cream Cheese Gelatin Bar	Main Entree Beef Tacos Taco Salad Refried Beans Roasted Vegetables Veggie Pita Pizza Cabbage Sausage Soup Salad Corn and Black Bean Salad Dessert Banana Bar	Main Entrée Philly Beef Sandwich Green Beans Mashed Potatoes Chicken and Dumplings Casserole Salad Eagle Mac Salad Dessert Peanut Butter Cookie

*Always Available Salad Bar, Salad of the Week, and Fresh Fruit.

*** Menu is subject to change due to supply shortages

Week 3:
November 26 – December 2



FLOYD COUNTY
MEDICAL CENTER
Delivering Advanced, Personalized Care

Week 4:
December 3 – 9

Breakfast Available Monday-Friday: 7am-9am
Offered daily: Eggs, bacon, sausage, toast, scones, bagels, breakfast sandwich, fruit, pancakes, french toast, overnight oats

Lunch and supper available everyday 11am-1:30pm and 5pm-6:30pm.

Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Entrée Ham Baked Potato Malibu Vegetable Dinner Roll Egg Salad Sandwich Salad Broccoli Craisin Dessert Cream Pie	Main Entrée Swiss Chicken Mashed Potatoes Green Beans Shrimp Ham & Bean Soup Salads Dill Pickle Salad Dessert Cherry Cheesecake	Main Entrée Roast Beef Potato Medley Garlic Carrots Dinner Roll Ham and Swiss Sliders Chicken Wild Rice Soup Salad Deviled Eggs Rosy Applesauce Dessert Frosted Brownie	Main Entrée Turkey Burger/bun Mashed Potatoes Broccoli Chipped Beef on Toast Taco Soup Strawberry/Spinach Salad Cottage Cheese Dessert Magic Bar	Main Entrée Honey Mustard Chicken Garlic Butter Quinoa California Vegetables Nacho Bar Taco Salad Cauliflower Soup Salad Chickpea Salad Dessert Rice Krispie Bar	Main Entrée Ham Balls Mac n' Cheese Brussel Sprouts Southwest Vegetable Wrap White Chicken Chili Salad Grape Walnut Salad Dessert Apple Crisp	Main Entrée Bruschetta Chicken Brown Rice Roasted Zucchini Sloppy Joe/bun Salad Dreamsicle Gelatin Dessert Sugar Cookie

Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Entrée Apple Cider Pork Mashed Potatoes Peas Fish Sandwich Potato Wedges Salad Broccoli and Cauliflower Salad Dessert Fruit Pie	Main Entrée Coconut Chicken Brown Rice Broccoli Tater Tot Casserole Zuppa Salad Spinach Artichoke Salad Dessert Scotcheroos	Main Entrée Turkey Mashed Potatoes Gravy Green Beans Stuffing Caprese Pita Tomato Ravioli Soup Salads Chop Chop Salad Dessert Pumpkin Dump Cake	Main Entrée Shepherd's Pie Carrots Breadstick Chickpea Salad Sandwich Chicken Gnocchi Salad Strawberries/Bananas Dessert Chocolate Éclair Dessert	Main Entrée Beer Battered Fish Potato Wedges Broccoli Burrito Bowl Wisconsin Cheese Soup Salad Coleslaw Dessert Better Than Anything Cake	Main Entrée Marinated Chicken Brown Rice Mixed Vegetables Dinner Roll Grilled Cheese Tomato Soup Salad 7 layer salad Dessert Banana Trifle	Main Entrée Lasagna Rolls Green Beans Breadstick Turkey & Swiss Sandwich Salad Cottage Cheese Dessert Molasses Cookie

*Always Available Salad Bar, Salad of the Week, and Fresh Fruit.

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