

**Week 1:**  
September 17-23



**FLOYD COUNTY**  
**MEDICAL CENTER**  
*Delivering Advanced, Personalized Care*

**Week 2:**  
September 24-30

**Breakfast Available Monday-Friday: 7am-9am**

Offered daily: Eggs, bacon, sausage, toast, scones, bagels, breakfast sandwich, fruit, pancakes, french toast, overnight oats

**Lunch and supper available everyday 11am-1:30pm and 5pm-6:30pm.**

**Week 1**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Main Entree</b> Roast Beef Mashed Potatoes Gravy California Vegetables Dinner Roll Italian Sandwich <b>Salad</b> Spring Salad <b>Dessert</b> Fruit Pie	<b>Main Entree</b> Lemon Pepper Chicken Roasted Zucchini Garlic Butter Quinoa Burger/bun Baked Beans Grilled Chicken Salad Italian Wedding Soup Oriental Salad <b>Dessert</b> Frosted Pumpkin Bars	<b>Main Entree</b> Marinated Pork Grilled Chicken Roasted Cauliflower Sweet Potatoes Hummus Veggie Wrap Red Pepper Gouda Soup <b>Salad</b> Caprese Salad <b>Dessert</b> German Chocolate Cake	<b>Main Entree</b> Unstuffed Pepper Casserole Carrots Turkey Avocado Club Minestrone Soup <b>Salad</b> Creamy Herb Tortellini Salad <b>Dessert</b> Chocolate Revel Bar	<b>Main Entree</b> Teriyaki Chicken Casserole Broccoli Egg Roll Baked Potato Bar Chili <b>Salad</b> 7-layer salad <b>Dessert</b> Autumn Gelatin	<b>Main Entree</b> Lemon Pepper Salmon Potato Medley Green Beans Honey Pepper Chicken Tenders Mac n' Cheese Cheddar Vegetable Soup <b>Salad</b> Mediterranean Bean <b>Dessert</b> Peanut Butter Pie Bar	<b>Main Entree</b> Beef & Bean Pasta Malibu Vegetables Breadstick Pizza <b>Salads</b> Cottage Cheese Strawberry Cheesecake Fluff <b>Dessert</b> Chocolate Chip Cookie

**Week 2**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Main Entree</b> Turkey Mashed Potatoes Gravy Corn Dinner Roll Grilled Cheese Tomato Soup <b>Salad</b> Creamy Cucumber <b>Dessert</b> Cream Pie	<b>Main Entrée</b> Pesto Chicken Garlic Butter Quinoa Roasted Cauliflower Brat/bun Sauerkraut Baked Beans Chicken Noodle Soup <b>Salad</b> Big Mac Salad <b>Dessert</b> Avocado Brownie	<b>Main Entree</b> Meatloaf Mashed Potatoes Peas Chicken Caesar Pita Broccoli Cheese Soup <b>Salad</b> Rotini Olive <b>Dessert</b> Angel Food Cake with Strawberries	<b>Main Entree</b> Cranberry Pork Chop Brussel Sprouts Sweet Potatoes Ham & Turkey Sub or Wrap Vegetable Beef Soup <b>Salad</b> Grape Walnut Salad <b>Dessert</b> Chocolate Chip Energy Bites	<b>Main Entree</b> Lemon Pepper Tilapia Brown Rice Carrots Wing Bar Cheddar Baked Potato Soup <b>Salad</b> Mexican Fiesta Salad Celery & Carrot Sticks <b>Dessert</b> Cream Cheese Gelatin Bar	<b>Main Entree</b> Beef Tacos Taco Salad Refried Beans Roasted Vegetables Veggie Pita Pizza Cabbage Sausage Soup <b>Salad</b> Corn and Black Bean Salad <b>Dessert</b> Banana Bar	<b>Main Entrée</b> Philly Beef Sandwich Green Beans Mashed Potatoes Chicken and Dumplings Casserole <b>Salad</b> Eagle Mac Salad <b>Dessert</b> Peanut Butter Cookie

\*Always Available Salad Bar, Salad of the Week, and Fresh Fruit.

\*\*\* Menu is subject to change due to supply shortages

**Week 3:**  
October 1-7



**FLOYD COUNTY**  
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**Week 4:**  
October 8-14

**Breakfast Available Monday-Friday: 7am-9am**  
Offered daily: Eggs, bacon, sausage, toast, scones, bagels, breakfast sandwich, fruit, pancakes, french toast, overnight oats

**Lunch and supper available everyday 11am-1:30pm and 5pm-6:30pm.**

**Week 3**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Main Entrée</b> Ham Baked Potato Malibu Vegetable Dinner Roll Egg Salad Sandwich <b>Salad</b> Broccoli Craisin <b>Dessert</b> Cream Pie	<b>Main Entrée</b> Swiss Chicken Mashed Potatoes Green Beans Shrimp Ham & Bean Soup <b>Salads</b> Dill Pickle Salad <b>Dessert</b> Cherry Cheesecake	<b>Main Entrée</b> Roast Beef Potato Medley Garlic Carrots Dinner Roll Ham and Swiss Sliders Chicken Wild Rice Soup <b>Salad</b> Deviled Eggs Rosy Applesauce <b>Dessert</b> Frosted Brownie	<b>Main Entrée</b> Turkey Burger/bun Mashed Potatoes Broccoli Chipped Beef on Toast Taco Soup Strawberry/Spinach Salad Cottage Cheese <b>Dessert</b> Magic Bar	<b>Main Entrée</b> Honey Mustard Chicken Garlic Butter Quinoa California Vegetables Nacho Bar Taco Salad Cauliflower Soup <b>Salad</b> Chickpea Salad <b>Dessert</b> Rice Krispie Bar	<b>Main Entrée</b> Ham Balls Mac n' Cheese Brussel Sprouts Southwest Vegetable Wrap White Chicken Chili <b>Salad</b> Grape Walnut Salad <b>Dessert</b> Apple Crisp	<b>Main Entrée</b> Bruschetta Chicken Brown Rice Roasted Zucchini Sloppy Joe/bun  <b>Salad</b> Dreamsicle Gelatin <b>Dessert</b> Sugar Cookie

**Week 4**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Main Entrée</b> Apple Cider Pork Mashed Potatoes Peas Fish Sandwich Potato Wedges <b>Salad</b> Broccoli and Cauliflower Salad <b>Dessert</b> Fruit Pie	<b>Main Entree</b> Coconut Chicken Brown Rice Broccoli Tater Tot Casserole Zuppa <b>Salad</b> Spinach Artichoke Salad <b>Dessert</b> Scotcheroos	<b>Main Entrée</b> Turkey Mashed Potatoes Gravy Green Beans Stuffing Caprese Pita Tomato Ravioli Soup <b>Salads</b> Chop Chop Salad <b>Dessert</b> Pumpkin Dump Cake	<b>Main Entrée</b> Shepherd's Pie Carrots Breadstick Chickpea Salad Sandwich Chicken Gnocchi <b>Salad</b> Strawberries/Bananas <b>Dessert</b> Chocolate Éclair Dessert	<b>Main Entrée</b> Beer Battered Fish Potato Wedges Broccoli Burrito Bowl Wisconsin Cheese Soup <b>Salad</b> Coleslaw <b>Dessert</b> Better Than Anything Cake	<b>Main Entrée</b> Marinated Chicken Brown Rice Mixed Vegetables Dinner Roll Grilled Cheese Tomato Soup <b>Salad</b> 7 layer salad <b>Dessert</b> Banana Trifle	<b>Main Entrée</b> Lasagna Rolls Green Beans Breadstick Turkey & Swiss Sandwich  <b>Salad</b> Cottage Cheese <b>Dessert</b> Molasses Cookie

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